# The role of utilization Distance Education in adult education

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**Abstract:** Distance education dictates changes in behavior for both the teacher and the learner. The successful student develops persistence and skills in self-directing work. The successful distance education teacher becomes conversant with new technology and develops new instructional styles, moving from creating instruction to managing resources and students and disseminating views. Administrative and faculty support for distance education are critical to the success of this instructional method. Administrators should take note that the implementation of a distance education program may allow access to a greater number of students. However, the time and work associated with teaching at a distance exceeds the normal requirements of campus-based instruction. Students in distance education settings perform as well or better on assignments, class activities, and exams when compared to campus-based students . Nevertheless, students must maintain persistence and a clear focus to succeed in a distance learning situation. Self-direction, a passion for learning, and strong individual responsibility are important influences on achievement. There are indications that distance education works best for more mature, motivated, well-organized, and already accomplished learners . Distance education courses vary greatly in scope, level, and length. Some have a few assignments and require only a few months to complete, while others have a hundred or more lesson assignments requiring three or four years of conscientious study. Distance education is a method of education in which the learner is physically separated from the teacher and the institution sponsoring the instruction. It may be used on its own, or in conjunction with other forms of education, including face-to-face instruction. In any distance education process there must be a teacher, one or more students, and a course or curriculum that the teacher is capable of teaching and the student is trying to learn.
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## Introduction:

Distance education is education designed for learners who live at a distance from the teaching institution or education provider. It is the enrollment and study with an educational institution that provides organized, formal learning opportunities for students. Presented in a sequential and logical order, the instruction is offered wholly or primarily by distance study, through virtually any media. Historically, its predominant medium of instruction has been printed materials, although non-print media is becoming more and more popular. It may also incorporate or make use of videotapes, CD or DVD ROM's, audio recordings, facsimiles, telephone communications, and the Internet through e-mail and Web-based delivery systems. When each lesson or segment is completed, the student makes available to the school the assigned work for correction, grading, comment, and subject matter guidance by qualified instructors. Corrected assignments are returned to the student. This exchange fosters a personalized student-instructor relationship, which is the hallmark of distance education instruction.Trainers using these new technologies were successful educational programs to millions seek learning opportunities and thereby reach out to the educational spaces, training centers to expand. With the development of long-distance telephone system in the early twentieth century method of capacity and distance learning methods for students to access educational opportunities in the world increased Translation. But until the invention of mobile tele conference ever in the 80 and 90 and the main role in the concept of distance education did not play. Telemetry system, allowing for teachers conference provided that without the slightest delay at a time when your students can listen to them talk and sometimes they see.

Expansion of computer networks in the decade 1990 and connect millions of people through lines to the telephone networks made it possible to simply distance learning via computers and computer conferences around the world is possible (a) and Today with the development of control technology are in science and technology around the world.

Historically, most distance education courses were vocational in nature, but today courses are offered for academic, professional, and avocational purposes for students of all ages. There are numerous specialized programs, such as those for blind persons and for parents of small children with hearing impairments. Distance education is available in practically any field, from accounting to zoology. Courses are offered in gemology, high school diploma,

journalism, locksmithing, child day care management, yacht design, and many fascinating subjects. Distance education courses also vary greatly in scope, level, and length. Some have a few assignments and require only a few months to complete, while others have a hundred or more lesson assignments requiring three or four years of conscientious study. Since 1890, more than 130 million Americans have studied at DETC member institutions, including Franklin D. Roosevelt, Walter P. Chrysler, Walter Cronkite, Barry Goldwater, Charles Schulz, and many other distinguished alumni of DETC members. Unlike most distance education courses offered by traditional colleges and universities that are semester and classroom oriented, with courses offered by most of the DETC-accredited institutions you can study any time and anywhere. Distance education is especially suited for busy people who wish to increase their knowledge and skills without giving up their jobs, leaving home, or losing income. You learn while you earn. Many courses provide complete vocational training; others prepare you for upgrading in your present job, without losing wages, experience or seniority. You receive individual attention, and you work at your own pace. In recent years, technology has played a significant role in transforming the traditional distance education school into a dynamic, interactive distance learning method using toll-free telephone lines, as well as a diverse array of personal computers, video devices, CD and DVD ROMs, online courses over the Internet, interactive devices, and other modern technological innovations. The future for distance study promises to be exciting!

Distance education can be used for some aspects of most disciplines. For example, several institutions of higher education already have developed certificate programs, undergraduate programs, and graduate programs in health and physical education that are delivered using distance education methods. Eastern Oregon University, Emporia State University, Kutztown University, LaSalle University, the Medical College of Wisconsin, University of Wisconsin at Stevens Point, and Virginia Tech are among institutions integrating distance technology into their physical education programs.

Traditional programs that are heavily based in skill development and demonstration or require laboratory work can be offered in a distance education framework using interactive video interfaced with computers to facilitate a hands-on learning approach at a distance. Classes that use lecture and laboratory experiences are easily adapted to a distance education situation. Course materials, including animals for dissection, are sent to class participants with video and written instructions and assignments.

Distance education dictates changes in behavior for both the teacher and the learner. The successful student develops persistence and skills in self-directing work. The successful distance education teacher becomes conversant with new technology and develops new instructional styles, moving from creating instruction to managing resources and students and disseminating views (Strain, 1987). Administrative and faculty support for distance education are critical to the success of this instructional method. Administrators should take note that the implementation of a distance education program may allow access to a greater number of students. However, the time and work associated with teaching at a distance exceeds the normal requirements of campus-based instruction.

Students in distance education settings perform as well or better on assignments, class activities, and exams when compared to campus-based students (St. Pierre, 1998). Nevertheless, students must maintain persistence and a clear focus to succeed in a distance learning situation. Self-direction, a passion for learning, and strong individual responsibility are important influences on achievement. There are indications that distance education works best for more mature, motivated, well-organized, and already accomplished learners (Rintala, 1998).

Garrels (1997) describes five critical elements for successful teaching at a distance:

1. Instructor enthusiasm. This requires animation and comfort in front of the camera, or with the technology utilized. Faculty support and interest are critical to the success of distance learning endeavors.
2. Organization. Teaching materials must be prepared in advance; timing, variation, and smooth transitions must be planned. Instructors should allocate from 3 to 5 hours of preparation for each hour of distance instruction. Great attention to detail is required long before the actual classroom activity occurs (Summers, 1997).
3. Strong commitment to student interaction. Whatever the modality used to teach at a distance, the instructor must encourage and facilitate ongoing communication between the students and the instructor.
4. Familiarity with the technology used in the class format. Faculty development is important before beginning any distance activities, and instructors should be trained in video use, computer use, or other forms of instructional technology used.
5. Critical support personnel. Production staff, graphic designers, and technical staff members will help the instructional setting produce successful teaching at a distance.

Distance education is any type of schooling that takes place away from a physical campus. Distance education is also known as:

- distance learning
- virtual learning
- online learning
- e-learning
- online education
- web-based training

**Types of Distance Education Programs:**

There are two types of programs offered by distance education schools: synchronous learning programs and asynchronous learning programs. With synchronous learning, distance education students must log on to the school's website at a set time. Often, they interact with their peers and professors via group chats, web seminars, video conferencing, and phone call-ins. With asynchronous learning, distance education students complete all coursework on their own time. They often learn via assignment sheets, message boards, email, pre-recorded video lectures, mp3s, and traditional mail correspondence.

Distance education began for the delivery of courses to students who live in remote areas. Over the years, though, this form of education has become the preferred method for learning outside of the classroom.

Distance Education is now undertaken by people with busy schedules, hectic lifestyles, special needs, and also those living in isolated areas. What's more, with such flexible learning options you can choose to study at any time and from any location you like.

There are a number of different **forms of distance education** and it's important to know which method you prefer:

- **Correspondence learning:** your course materials are printed and sent out to you by mail/courier. The advantages are that you have a printed set of reference materials, you can study anywhere and you are not reliant on a computer, you can learn for long periods of time.
- **eLearning:** your course materials are provided to you in multimedia format; that is, on CD/DVD. In this way you can choose to take your study materials within you and learn anywhere in the world with just a laptop.
- **Online learning:** no materials are sent to you and you do all your learning online. The limitation is that you need to be logged onto a computer (though you may be able to download and print some of your materials yourself, though this can cost you more in ink), there is a limit to how much you can absorb and do online, and most people's attention span on-screen is limited to 20 minutes (your eyes get tired after that).
- **Broadcast learning:** where you tune into a series of television, radio or Internet broadcasts (e.g. podcast, YouTube, etc.).
- **Teleconferencing:** where your lessons are conducted in real time through an Internet connection. Limitations are that streaming can be slow, connections can cause problems (students and teachers generally need to be computer literate) and there can be delays in talk-time, depending on software, hardware and connection capabilities.

**Conclusion:**

Interactivity may be delayed but interaction provided by teacher telephone office hours when students can call or through time with on-site facilitators. Classes with large numbers of students have a limited amount of interactivity. Much of the activity on computer networks is on a delayed basis as well. Possibilities for audio and visual interaction are increasingly wide. Distance learning is expanding and examples of it are increasing dramatically. Fewer than 10 states were using distance learning in 1987; today, virtually all states have an interest or effort in distance education. Distance learning systems connect the teacher with the students when physical face-to-face interaction is not possible. Telecommunications systems carry instruction, moving information instead of people. The technology at distant locations are important and affect how interaction takes place, what information resources are used, and how effective the system is likely to be.

Technology transports information, not people. Distances between teachers and students are bridged with an array of familiar technology as well as new information age equipment. What sets today's distance education efforts apart from previous efforts is the possibility of an interactive capacity that provides learner and teacher with needed feedback, including the opportunity to dialogue, clarify, or assess. Advances in digital compression technology may greatly expand the number of channels that can be sent over any transmission medium, doubling or even tripling channel capacity. Technologies for learning at a distance are also enlarging our definition of how students learn, where they learn, and who teaches them. No one technology is best for all situations and applications. Different technologies have different capabilities and limitations, and effective implementation will depend on matching technological capabilities to education needs.

Distance education places students and their instructors in separate locations using some form of

technology to communicate and interact. The student may be located in the classroom, home, office or learning center. The instructor may be located in a media classroom, studio, office or home.

The student may receive information via satellite, microwave, or fiber optic cable, television (broadcast, cable or Instructional Television Fixed Services (ITFS), video cassette or disk, telephone - audio conferencing bridge or direct phone line, audio cassette, printed materials - text, study guide, or handout, computer - modem or floppy disk, and compressed video. Recent rapid development of technology has resulted in systems that are powerful, flexible, and increasingly affordable. The base of available information technology resources is increasing with dramatic speed. Much has been learned about connecting various forms of technology into systems, so that the ability to link systems is growing. Most distance learning systems are hybrids, combining several technologies, such as satellite, ITFS, microwave, cable, fiber optic, and computer connections.

High front-end costs prevented an early widespread adoption of electronically mediated learning. Distance learning has been aggressively adopted in many areas because it can meet specific educational needs. As the concept of accountability became accepted and laws required certain courses in high school in order for students to be admitted to state colleges, telecommunications was examined as a way to provide student access to the required courses. Many rural school districts could not afford the special teachers to conduct required courses. Distance education met this need by providing courses in schools where teachers were not available or were too costly to provide for a few students. It also fulfilled a need for teacher training and staff development in locations where experts and resources were difficult to obtain. These systems link learner communities with each other and bring a wide array of experts and information to the classroom.

Challenges which faced the early users of distance education are still with us today. If distance education is to play a greater role in improving the quality of education, it will require expanded technology; more linkages between schools, higher education, and the private sector; and more teachers who use technology well. Teachers must be involved in planning the systems, trained to use the tools they provide, and given the flexibility to revise their teaching. Federal and state regulations will need revision to ensure a more flexible and effective use of technology. Connections have been established across geographic, instructional, and institutional boundaries which provide opportunities for collaboration and resource sharing among many groups In the pooling of students and teachers, distance learning reconfigures the classroom which no longer is bounded by the physical space of the school, district, state or nation.

The key to success in distance learning is the teacher. If the teacher is good, the technology can become almost transparent. No technology can overcome poor teaching which is actually exacerbated in distance education applications. When skilled teachers are involved, enthusiasm, expertise, and creative use of the media can enrich students beyond the four walls of their classroom.

Teachers need training in the system's technical aspects and in the educational applications of the technology. Areas for assistance include the amount of time needed to prepare and teach courses, how to establish and maintain effective communication with students, strategies for adding visual components to audio courses, ways to increase interaction between students and faculty, planning and management of organizational details, and strategies for group cohesion and student motivation.

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